

## INDIAN RED CROSS SOCIETY, DISTRICT BRANCH, KAPURTHALA

### Establishment :

The District Branch of the Indian Red Cross Society, Kapurthala was established on 02.01.1957 and presently it is running in its own building on the Jalandhar Road, near main Bus Stand, Kapurthala.

### Main Activities of the District Branch

#### **a) Child Health Care Centre:**

This Centre was situated in the Red Cross office premises and the following facilities were being provided to the children in this centre daily :-

- |                |                         |
|----------------|-------------------------|
| 1. Polio Drops | 5. Inj. Tetanus Tioxide |
| 2. Inj. B.C.G. | 6. Measles              |
| 3. Inj. D.P.T. | 7. Inj. Pantavalent     |
| 4. Inj.D.T.    | 8. Vit. A drops         |

Inj. Tetanus Tioxide were also administered in this Centre to pregnant mothers. These medicines were being supplied by the office of Civil Surgeon, Kapurthala. This unit was being run under one qualified ANM with one helper who were the employees of District Red Cross Society, Kapurthala. During the financial year 2015-16, 2,920, beneficiaries were attend in the centre and a sum of Rs.3,49,201/- were spent on its functioning.

#### **b) Drug De-Addiction Centre:**

A 15 bedded Drug De-Addiction Centre named as **Navjivan Kendra** was started in the premises of Civil Hospital, Kapurthala on **22.9.2007** to provide treatment to the Drug Addicts. The centre was inaugurated by the then His Excellency the Governor of Punjab. It is a coordinated effort of District Administration, Health Department and the Red Cross Society, Kapurthala. An amount of Rs.3,500/- is being charged from each patient for 21 days residential treatment with complete medical and psychiatric examination and catering charges. A sum of Rs.2,500/- is being charged from the outdoor patients. Free meals, fruits, medicines etc. are provided to the patients. Indoor recreational activities like T.V., Music and Indoor Games have been provided in the said Kendra. Daily counselling is given by Psychiatrist, Professional Counsellors and Social workers to the patients. Besides daily Yoga classes are also held in the centre. Keeping in view the requirement, the number of beds has been increased from 15 to 25. A sum of Rs.18.13 Lacs has been spent by the District Red Cross Society, Kapurthala for the initial running of this Centre. This centre is being controlled by Dr. Sandeep Bhola, Psychiatrist, Civil Hospital, Kapurthala with other required staff. This centre is being financed by District Red Cross Society, Kapurthala from its own funds as well as with the fee being charged from the patients @ Rs.3,500/- and Rs.2,500/- each who get their treatment in the Drug De-Addiction Centre. At present, there are **30 beds**. Since its establishment i.e. from **22.09.2007**, **3167 indoor and 1,752 O.P.D. patients** have been treated . At present 26 indoor and 12 OPD

patients are getting their treatment in the said centre. A new building for this Drug De-Addiction Centre with a cost of Rs.163.71 Lacs has been completed and the centre has been shifted in the said new building. During the year 2016-17, a sum of **Rs.24,62,978/-** has been incurred on its functioning.

It is a matter of pride that this centre has been adjudged the best non-profit organization in the country and a citation, a shield and Rs.4.00 Lacs as a token of gratitude has been awarded to this Centre on 26.06.2016 on the International Day Against Drug Abuse and Illicit Trafficking by H.E. the President of India to the Deputy Commissioner-cum-President, District Red Cross Society, Kapurthala.

**c) Drug De-Addiction Centre for Women:**

As per the decision of the meeting held on 21.03.2017 under the Chairmanship of Worthy Chief Secretary, Govt of Punjab regarding Drug Control and De-Addiction & Rehabilitation Activities a new 15 bedded Drug De-Addiction Centre exclusively for women drug addicts is being established in the old building of the Drug De-Addiction Centre. In this Centre only women staff is being recruited. Till date 4 staff Nurses 4 ward attendants have joined duty in this said centre.

**d) Red Cross Dai Centre at village Thigli:**

Due to lack of sufficient number of PHCs/SHCs in the rural areas, 07 Dai Centers were opened/started in 1978 by District Red Cross Society to attend to the delivery/labour cases in the rural areas by the trained Dais and to motivate the public for Family Planning. Now, since sufficient number of PHCs/SHCs are functioning in the rural areas, the dais, who attained their date of superannuation were relieved and at present only one Dai centre at village Thigli functioning. Pregnant ladies have been attended to in this Centre. A sum of Rs.8,556/- has been spent during 2015-16

**e) Help to the poor and needy:-:**

- To support their livelihood/their families, sewing machines are being given to the poor and the needy widows up to the age of 60 years holding BPL cards after getting their applications verified and on the recommendation of S.D.Ms. concerned. During the period from 01.04.2016 to 21.03.2016, 28 good quality sewing machines costing Rs. 60,950/- were distributed amongst the poor/needy women.
- Tricycles, Wheel Chairs and Artificial Limbs are provided to the disabled persons on the recommendation of Orthopedic/Medical Officer, Civil Hospital, Kapurthala and after getting their applications verified/recommended by S.D.Ms concerned. During the period from 01.04.2015 to 31.03.2016, 13 tricycles and 04 wheel chairs and 2 set of crutches costing Rs.1,06,850/- were distributed amongst the poor persons.
- Blankets/clothes are distributed to the poor persons during the winter seasons.
- Medicines which are not available in the stock of Civil Hospital and on the

recommendation of Health Authorities are provided to the poor and needy indoor patients holding BPL cards. During the financial year 2014-15, an amount of Rs.1,02,000/- has been incurred by this District Branch on providing medical aid to the needy poor patients.

- Fruit is distributed to the inmates of Lepers Colony and children of the Home for Mentally Retarded Children on Independence/Republic Days.

**f) Seminars/Camps:**

Awareness Camps/Seminars on Female Foeticide, Breast Feeding, Nutrition, Aids, Drug De-Addiction etc. are arranged by this Society from time to time in the rural/urban areas in collaboration with Health/other concerned Department.

Free Medical/Eye Check up and Blood Donation Camps are also arranged by this office time to time in collaboration with the Health Department. During the year 2015-16, 2196 units of blood was collected from the volunteers.

**g) Senior Citizens club:**

A Senior Citizens Club is functioning in three rooms of the old building of Artificial Limb Centre, Shalimar Bagh, Kapurthala. In this club, more than 100 senior citizen members are enjoying their lives. A sum of Rs.24,596/- has been spent by District Red Cross Society on this club.

**h) St.John Ambulance Association:**

First Aid & Home Nursing Training to the students/factory workers, bus conductors/drivers is being imparted by a District Training Supervisor appointed by of this office. During the year 2015-16, 272 persons were trained in first aid. First Aid Posts are also installed to render the first aid services on the occasion of Hola Mohalla fairs at Sri Anandpur Sahib, for Mela at Sri Fatehgarh Sahib and such other religious occasions on the call of State Headquarters.

**i) Red Cross Hospital Welfare Section:**

Lady Social workers of Red Cross pay visits to Civil Hospital, Drug De-Addiction Centre, Home for Mentally retarded Children and Ganga Nirmla Kusht Ashram to enquire about their well-being and rendering whatever help is possible.

**j) Child Welfare Council:**

One Crèche Centre is being run under Child Welfare Council, Punjab at Mehli Gate, Phagwara for which the funds were provided by the State Council. This centre is being run by one worker and one Helper.

**k) Installation of Sanitary Napkins Vending Machines:**

8 Sanitary Napkins Vending Machines at the cost of Rs.4,13,149/- have been Installed in eight Govt. Girls High/Senior Sec. Schools of Kapurthala District on 31.05.2016 in first phase. The process for the installation of 28 more Sanitary Napkin Vending Machines in the district is under process.